



CK Reporter of the Week
Marcus Turner, Aurora

Easy, tasty quickbread treat!

Over Spring Break, my mom and I decided to make homemade Irish soda bread for St. Patrick's Day.

What makes Irish soda bread special is that it uses baking soda and buttermilk instead of yeast.

Normally in bread, the yeast is what makes the bread rise.

However, in soda bread, it's actually the buttermilk's reaction to the baking soda that causes the bread to rise, so no yeast is required.

Something we didn't expect is that all the buttermilk would be sold out in stores.

Because buttermilk is crucial to the recipe, we decided to make our own buttermilk from scratch.

To create your own buttermilk, you're trying to sour the milk.

To do this, you mix one tablespoon of lemon or lime juice for every cup of milk that you use.

(It doesn't matter which type of milk you use.)

Let the sour milk sit for five minutes, then it's good to use.

The recipe was fairly easy, and really fun for a family project.

It doesn't take too long to prepare, and the final product is delicious, especially with some jam.

My entire family loved it, which is saying a lot.



photo/Amy Intriago

This was a fun way to celebrate the holiday, but also something I can definitely see myself making again.



By Izzie Intriago,
12, a CK Reporter
from Aurora

Traditional Irish Soda Bread

Ingredients:

- 4 (dry measure) cups all-purpose flour
- 1 1/2 teaspoons baking soda
- 3/4 teaspoon salt
- 2 (wet measure) cups low-fat buttermilk
- Optional: 2 cups raisins

Preheat oven to 450 F.

Combine the flour, baking soda and salt thoroughly in a large bowl.

Make a well in the center of mixture.

Add buttermilk (and raisins, if you use them) to flour mixture; stir until blended (dough will be sticky).

Turn dough out onto a floured surface. Knead lightly 4 or 5 times.

Shape dough into an 8-inch round loaf; place on a baking sheet coated with cooking spray.

Cut a deep cross in the top of the bread

Bake at 450 for 15 minutes.

Reduce oven temperature to 400 and continue to bake for another 15 minutes, or until loaf sounds hollow when tapped underneath.

Let it cool on a wire rack. (Otherwise, it will be gummy.)

Hard times, hard situation, good novel

Thirteen-year-old Frankie just wants to be normal kid.

That, and get her best friend back.

But that's easier said than done, especially for a girl like her who isn't neurotypical.

Cat Patrick's new book "Tornado Brain," illustrates the life of Frankie, as well as the challenges of growing up with neurological disorders, while craftily blending in mysteries and adventures.

"Tornado Brain" would be a good pick for 9 to 14 year olds going through difficult times.

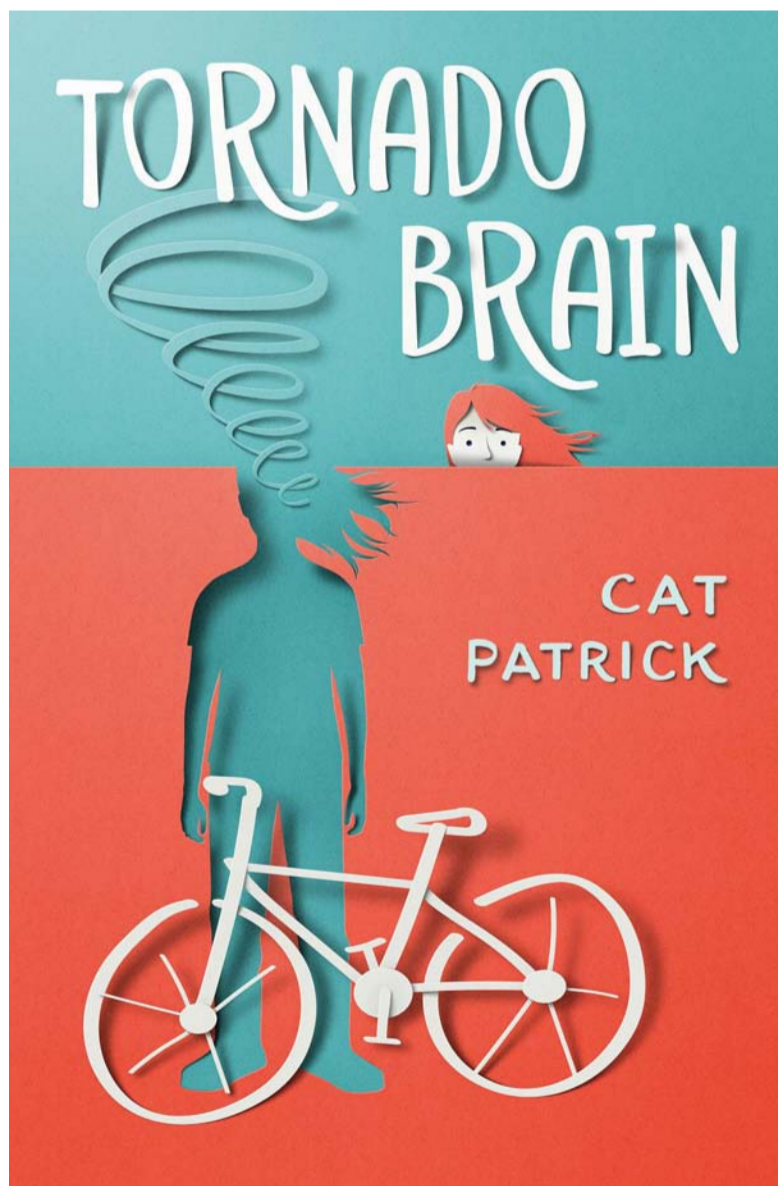
This would definitely be a book for anyone who likes realistic fiction and mystery.

What's really good is that you can relate to how Frankie feels, especially because of all the changes that are happening in her life and all the emotion in the book.

One thing to watch out for while you're reading is that the author often jumps from the present to the past, which can make the plot a little confusing at times.

The book gives you a kind of peephole into different points of view, and the way that Cat Patrick puts everything straight paints a picture of how Frankie thinks.

If you like Ali Benjamin's book "The Thing About Jellyfish," then you'll enjoy "Tornado Brain."



They both feature friendships and losses, as well as emotional rollercoasters, in which both characters face questions about who they really are.

Not only is "Tornado Brain" about a girl with a disorder, it also weaves in mysteries and memories that really pull the reader into the plot.

On a scale of one to ten, I would rate it as an eight or a nine.

The plot involves the mystery of a lost student, as well as a breaking relationship between Frankie and her sister.

On top of that, Frankie has to convince her mom that she can handle herself without needing supervision or therapy.

Cat Patrick, the author, has written several other young adult books, including "Forgotten" and "Revived", and this book is specially recommended for young teens.

"Tornado Brain" would be a good pick for 9 to 14 year olds going through difficult times.

If you're looking for a good read that features an engaging plot and interesting perspectives, you might want to consider reading "Tornado Brain".



By E.B. Wables,
11, a CK Reporter
from Golden

WRITING IS Fun!

How Would You Like To Be A Real Reporter?

Find out about all the cool benefits when you apply to be a Colorado Kids reporter at ColoradoNIE.com or by emailing dplewka@denverpost.com.

Times when speaking up made a difference

"Raise Your Voice" is an intriguing non-fiction book by Jeffrey Kluger.

This book is full of historical information. Not only does Kluger write about the civil uprisings, but he also tells you the story and history of each individual protest.

He goes from the Boston Tea Party to The Democratic Convention to the March Against Nuclear Weapons.

The Earth Day protest really stood out to me because, as a person who cares about saving our planet, it was sad to read how factory owners would treat our rivers like a dump.

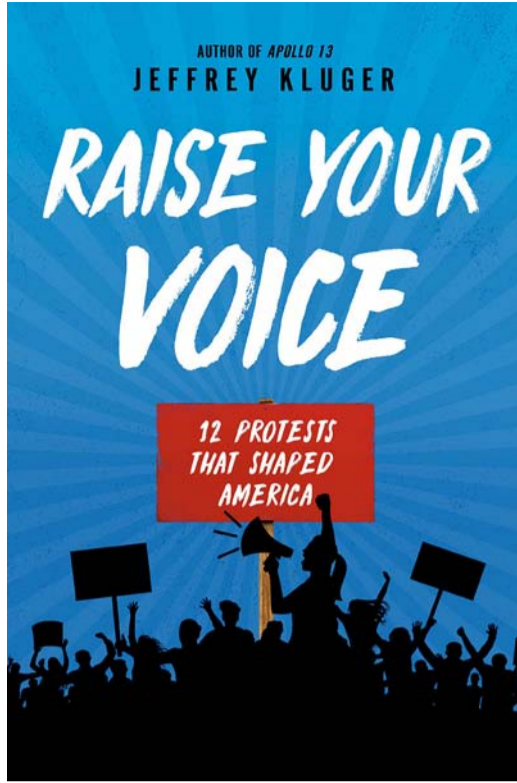
Kluger describes in his writing how oil and other produced waste were being dumped into the rivers. He also describes how the rivers were barely flowing anymore, that they were practically oozing.

The Women's March is described as a very important key concept in this book.

While reading the chapter about that protest, I noticed that the author seemed to be a little biased on one side of the story.

Other than that, Kluger gives great details about how and why The Women's March was important to the shaping of America.

The book really spoke to me. I felt when I was reading this book that even just a simple person like Rosa Parks or Elizabeth Cady Stanton could turn something wrong into something that would change American history forever.



If you are into American political history, then I would most definitely recommend this book for you to read.

As much as it was delightful to read about America's past, there were events in this book that I wished had never happened.

But, if those events had never happened, we wouldn't be the country we are today.

I found a quote from the book that I thought everyone should read:

"The twelve stories of civil uprisings that follow are by no means the only ones that have shaped America, but they are among the ones that have shaped us the most -- and they are the ones that teach us lessons still."

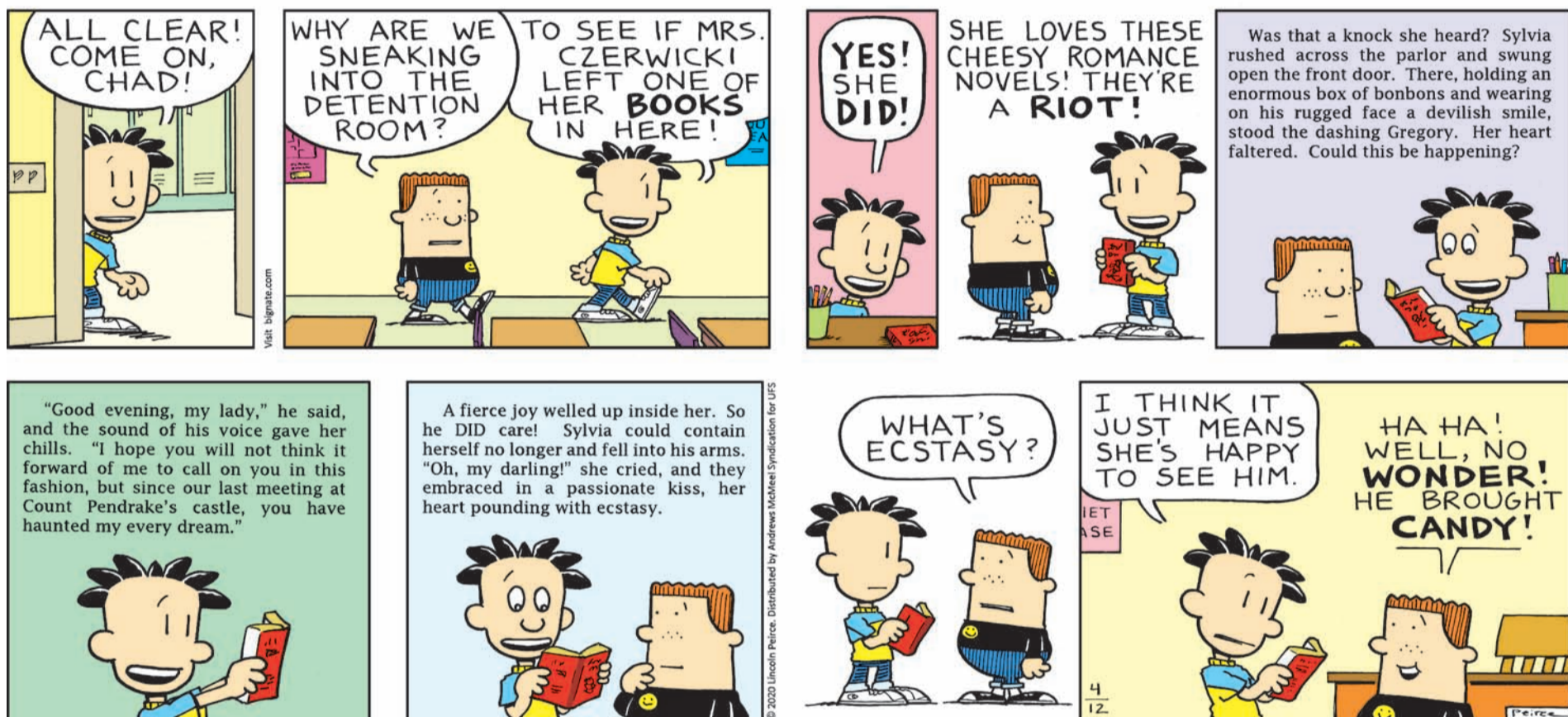
That quote really stood out to me because there are hundreds of protests that shape America but these 12 mentioned in the book are by far the most important in sculpting and shaping every detail of America's past, present, and future.

So I deeply encourage you to read this book and understand the shaping of America.



By Addy Vandell,
12, a CK Reporter
from Aurora

Big Nate



Sudoku

5					
	6	1	2		
	5				6
			4		3
1				3	
		4		1	

Rules: Every row across, every column down and each of the six smaller boxes must contain numerals 1,2,3,4,5 and 6, one time and one time only.
The solution to this week's puzzle is on Page 3.



Brainteaser

James Cash Penney opened his first store in Kemmerer, WY, on this date in 1902. Our answers this week will begin with "D" for "department store," in honor of the chain he started, JC Penney.

- Its pointed leaves are why this very common yellow flower's name comes from the French for "Teeth of the Lion"
- Copenhagen is the capital of this nation.
- Author of "Charlie and the Chocolate Factory" and "James and the Giant Peach"
- Seat of La Plata County and home to Fort Saint Lewis College. You can take a narrow-gauge railroad trip there from Silverton.
- This close relative of the manatee is a native of the Indian Ocean.
- Alexander Hamilton died in this type of quarrel.
- A deposit of soil at the mouth of a river, or maybe a major airline
- The term for a one-humped camel
- Dog bred to accompany horse-drawn vehicles, noted for black spots on white fur.
- If the season weren't postponed, he'd be playing center field for the Rockies.

(answers on Page Three)

Role playing in America's past

Here's a different kind of "distance learning" -- the distance of time.

"Mission US" offers a series of role-playing games in which you take the part of a young person from the past and try to work your way through the issues you'd be facing in their place and time.

Choose your own role and time from a half dozen scenarios:

Nate Wheeler is a 17-year-old apprentice in Boston in 1770, just as the American Revolution is starting up. Will you side with the Patriots or stay loyal to Britain?

Or you could be Lucy King in 1840, trying to find your way from slavery in Kentucky to freedom; Little Fox, a Northern Cheyenne trying to survive on the plains of 1866; Lena Brodsky, a Jewish immigrant in New York City in 1907; or choose which of the Dunn twins you'd like to be as you and your family work your way through the Great Depression of the 1930s.

There are teaching guides for each game, but it's up to you whether you tell your teachers or just play it on your own.

Check it out at <https://www.mission-us.org/>



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Hot Links to Cool Sites!

NASA's Space Place

<http://tinyurl.com/ckspace>

NIE Special Report

<http://tinyurl.com/ckniereport>

Headline Geography

<http://tinyurl.com/ckgeography>

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<http://tinyurl.com/ckpulseplanet>

How to become a CK Reporter!

<http://tinyurl.com/CKkidsReporter>



The Foxes and the Tiger

A Folk Tale from India

Once upon a time in India, there was a pair of foxes who lived with their five children in a den dug deep below the roots of a great tree.

Every day, the mother and father fox would go to the nearby town, where there was a bazaar with many stalls where the foxes could find food that had fallen on the ground or been thrown away by the people there.

Sometimes they would even sneak up and steal food right from the tables!

The foxes would eat their fill and then carry home food for their children, who waited in the den.

On the way home, the foxes would talk of the cleverness with which they had collected their food that day.

"How much wit do you have?" the father fox would ask, and the mother fox would answer, "Just enough to fill a small vegetable basket."

Then the mother fox would ask, "And how much wit do you have?" and the father would brag, "Enough to load a dozen buffalo!"

But Father Fox did not feel witty one night, when a great tiger leapt out on the path in front of them.

"At last, I have caught you!" he roared, and the father crouched down and trembled in fear.

But his mate immediately spoke up: "And at last we have found you, oh wise and mighty uncle!" she said. "We need you to help us solve a very important family problem."

The tiger was very surprised, but pleased just the same, for she addressed him so politely. "What is it, my niece?" he asked.

"Just this," the mother fox replied. "We want to divide up our children between us and go our separate ways, but we have five children and cannot agree on how to do it. I want to take three of the children and let him have two, but he insists that he should have three of them while I should only have two. We went into town to try to find a wise man to help us find a solution, but we had no luck and were returning home wondering what to do. Imagine our surprise to run into the wisest of all the animals! Please, can you help us?"

Now, the tiger did not care about the foxes and their family problems, but he thought to himself, "This is a good chance to eat both these foxes and all five of their children as well!"

So he said, "I cannot make a decision until I have met your children. Are they far from here?"

"Oh, no," the mother fox replied. "They are just in the next grove of trees. And it will be such an honor for them to meet you, for they have never met a tiger of any kind at all, much less such a large and magnificent one!"

So the foxes led the tiger to the great tree under which their den was located.

"Now, go get our children and bring them up to meet their Uncle Tiger!" the mother fox said to her husband, and he immediately slipped down the narrow hole into the den.

The tiger and the mother fox waited, but he did not return.

"You see," the mother said, "he cannot properly manage the children."

She put her head into the hole and called down, "Husband! Bring the children up at once! We're waiting for you!"

They waited some more and the tiger said, "What is taking him so long?"

"I can't imagine," the mother fox said. "I'm sorry for this delay. Let me go see what the matter is."

And with that, she began to back down the hole, keeping her face to the tiger.

The tiger watched her backing away and it suddenly occurred to him to grab her, but since she was facing him and keeping her bright eyes on him, he wasn't sure what to do.

"Why are you going in like that?" he asked.

"Oh, I could never insult such an important person as you, mighty tiger, by turning my back on you!" she said, and, while the tiger was feeling pleased and flattered by this polite speech, she disappeared completely into the narrow den.

The tiger waited for a few more moments.

Then he heard the mother fox calling from below.

"Oh, Uncle? Thank you for coming by, but we've figured out our problem for ourselves! Good-bye now!"

With that, the tiger realized that she had made a fool of him, and he roared so loudly that birds flew into the air for miles around.

But the only sound from under the great tree was the laughter of foxes, and at last the tiger gave up and went back into the forest to hunt for something that would be easier to capture.



Sudoku Solution

5	4	2	3	6	1
3	6	1	2	4	5
4	5	3	1	2	6
2	1	6	4	5	3
1	2	5	6	3	4
6	3	4	5	1	2

Brainteaser Solution



(see Page Two)

10 right - Wow!

7 right - Great!

5 right - Good

3 right - See you next time!

1. dandelion (dents de lion)
2. Denmark
3. Roald Dahl
4. Durango
5. dugong
6. duel
7. delta
8. dromedary
9. Dalmatian
10. (Ian) Desmond

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