



COLORADO

State Patrol

Department of Public Safety

Safety Corner

Lesson Plan

Topic: Emergencies

By: Sgt. Bonnie Collins

Bonnie.Collins@state.co.us

Colorado Academic Standards – Health Standard 2.4.4

“Apply personal safety knowledge and skills to prevent, and treat unintentional injury.”

Colorado Academic Standards – Reading, Writing and Communicating Standard 2.3.2

“Implement the writing process successfully to plan, revise, and edit written work.”

Synopsis:

Students will talk about safety at home, school, and play and when a situation is an emergency. Students will have the opportunity to write down their own personal safety tips (sheet attached).

Learning Objective: Students will understand how to keep safe at home, school and play and when it is best to call 9-1-1.

21st Century Skills & Post-Secondary and Workforce Readiness: Critical thinking, Writing literacy

Materials: Handout

Key Vocabulary: emergency

Time: 20



Connect with Students (10 Minutes) Instructor Notes

- Introduce yourself.
- Introduce your learning objective: Students will understand how to keep safe at home, school and play and when it is best to call 9-1-1.
- Key vocabulary:

emergency - a serious, unexpected, and often dangerous situation requiring immediate action.

Instructor: Let's first discuss safety at home. Some behaviors of demonstrating safety at home are:

- Asking an adult for help with items that you are unable to reach easily
- Not using tools or sharp objects by yourself
- Not running in your home or throwing objects in your home
- Do not answer the door for strangers

There are a lot more behaviors that can demonstrate safety at home. Take a few minutes to write down on your sheet additional safety tips at home that have not been discussed.

Instructor: Let's now discuss safety at school. Some behaviors of demonstrating safety at school are:

- If you walk to school, always follow traffic signs and only cross the street in the crosswalk
- If you are waiting for a bus, stand away from the roadway until the bus is fully stopped and you are allowed to get on the bus
- If you see something suspicious at school, notify an adult immediately

There are a lot more behaviors that can demonstrate safety at school. Take a few minutes to write down on your sheet additional safety tips at school that have not been discussed.



Instructor: Let's discuss safety at play. Some behaviors of demonstrating safety at play are:

- Never get into a vehicle with someone you do not know
- Do not play in the street where cars drive
- Do not run into the street to get a toy or item
- Be respectful of others who may also be playing around you (i.e., no pushing or shoving)

There are a lot more behaviors that can demonstrate safety at play. Take a few minutes to write down on your sheet additional safety tips at school that have not been discussed.

Instructor: At some point you may find yourself in an unexpected situation that may cause harm, injury, loss of life or damage to property. You will also need to assess whether it is an emergency or not and how to respond.

Instructor: Have you ever been in an emergency? What was the situation? What did you do? Who helped out?

Instructor: If someone is hurt so that they cannot perform normal activity, it is a MAJOR emergency. Call 9-1-1 immediately and quickly find the nearest adult.



Instructor: There are several kinds of injuries that can constitute an emergency situation:

- sprained or broken limbs,
- swallowing something poisonous,
- something sharp stuck in the eye, ear, or nose
- severe cold exposure,
- high fever,
- convulsion or seizure,
- electric shock,
- not responsive
- severe bleeding,
- a deep puncture,
- choking or unable to breathe,
- serious burns,
- fires, and
- severe allergic reactions.

Instructor: Pair up with a partner to share your safety tips and revise/edit your writing. We'll share the tips in a large group in one moment. (Allow five minutes for students to share in pairs before discussing in the large group. Students may then share aloud one of the best tips they wrote. You can talk briefly about their suggestions.)



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Instructor: If you find yourself in an unexpected situation that may cause serious injury, loss of life, or damage to property, it may be time to call 9-1-1. Find an adult quickly. If one is not around, call 9-1-1 and tell them what the emergency is. When you call, be prepared to:

- Give your name, address or location,
- Provide the name and physical description of the injured person,
- Give a description of what happened, and
- State your parents' names.

Stay calm, state the facts, and communicate clearly. If you can remember that, you will be prepared to handle any kind of emergency.

Evaluation: Let's see if we met our learning objectives today. Name three safety tips you can follow that may keep you out of the emergency room.

Wrap up: Emergencies are serious situations. Quickly get an adult or call 9-1-1 if you see the risk of serious injury, loss of life, or damage to property.

Sources:

<http://www.webmd.com/epilepsy/guide/first-aid-seizures#2>

<http://kidshealth.org/en/kids/emergency.html>

<https://www.fema.gov/media-library/assets/documents/34411>



My Best Safety Tips

Name: _____ Date: _____

MY HOME SAFETY TIP: MY HOME SAFETY TIP:

MY BEST SCHOOL SAFETY TIP: MY BEST SCHOOL SAFETY TIP:

MY BEST PLAY SAFETY TIP: MY BEST PLAY SAFETY TIP:
