Operation Nutrition is coming to your school!

Thanks to the generosity of Publix Super Markets, Inc., the Newspaper in Education publication *Operation Nutrition* will be arriving in your school during the month of March.

**Please deliver these publications to all third grade students.**

March is National Nutrition Month and this complimentary NIE program will help schools incorporate important nutrition and fitness activities into the classroom curriculum for third grade students. Students will benefit by learning more about the importance of daily caloric balance, physical activity and healthy food choices.

The lesson plans, content and activities in this curriculum supplement incorporate Science, Reading and Health Education to address the following third grade classroom benchmarks:

- Compare materials and objects according to properties such as size, shape, color, texture and hardness.
- Describe structures in plants and their roles in food production, support, water and nutrient transport, and reproduction.
- Demonstrate the ability to access valid health information, products, and services to enhance health.
- Analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
- Comprehend concepts related to health promotion and disease prevention to enhance health.
- Identify cause-and-effect relationships in text.

For more information about the Tampa Bay Times NIE program, go to [tampabay.com/nie](http://tampabay.com/nie).

For additional copies of this publication, e-mail ordernie@tampabay.com.

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